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AT THE HEART OF THE RACE ULTIME #7



ARWC 2026

Racers from all over France set their sights on the Adventure racing world championship

With two months to go before the start of the Adventure Racing World Championship 2026 (ARWC 2026), French mobilization is rising to the occasion. While this adventure racing world championship brings together nearly 30 nations, athletes from virtually every region of France will be setting off to defend the French colours.

Auvergne-Rhône-Alpes, the historic stronghold of French adventure racing

With more than 70 athletes entered, Auvergne-Rhône-Alpes is the most represented region in the event, accounting on its own for nearly a third of the French competitors. Isère (17 athletes), Savoie (14 athletes) and Haute-Savoie (13 athletes) form the heart of this stronghold, where a culture of mountain and endurance sports has nurtured an exceptional pool of practitioners for decades. Around twenty different teams will be lining up at the start, from major names on the circuit such as 400 Team Bis, Courchevel Sport Outdoor and Riding Zone Picture, to regional outfits like Gones Raiders, La Cordée and Croissants Team.



Flavie Bahuaud (in the foreground), captain of Croissants Team. A former rower herself, she will be racing alongside Augustin Mouterde, a multiple rowing world champion.

Occitanie, the second-best-represented region

With around thirty athletes entered at the start of ARWC 2026, Occitanie also confirms its status as a great land of adventure racing. Haute-Garonne leads this delegation with 10 runners, followed by Lozère and Hérault, each with four runners. A region that confirms its standing as raid country, driven by a network of well-structured clubs such as Absolu Raid and Lozère Sport Nature.

Bretagne and Pays de la Loire: The greater west in full force

With 7 athletes each, Brittany and Pays de la Loire will also be well represented on the trails of Corsica. Ille-et-Vilaine and Loire-Atlantique account for the bulk of these numbers, driven by well-known outfits such as Breizh Aventure Absolu and Nantes Aventure. This turnout reflects the growing momentum of adventure racing in the West, where teamwork, navigation and endurance have brought together an increasingly ambitious community of practitioners.



Erwan Martin, captain of Nantes Aventure, pictured checking in at a checkpoint.

Provence-Alpes-Côte d'Azur: home of the World Leader

Although it only has 4 athletes entered, from Lubéron Terre de Raid, Expenature Outdoor 07 and Pytheas Aventure, the PACA region remains no less one of the most emblematic of this edition. Among its ranks is Sébastien Raichon, from Vaucluse and captain of 400Team Altore. A leading figure in French adventure racing, he embodies the French ambitions all on his own, naturally putting the region in the spotlight as this world championship approaches.

Île-de-France, Hauts-de-France, Nouvelle-Aquitaine, and Grand Est: all of France is on board

Beyond the great Alpine and Occitan strongholds, it is truly the whole of France that is answering the call. Île-de-France (3 athletes, with Argo Hultra and Les Goyaves Roses), Hauts-de-France (3 athletes, from Belgique Attitude du Nord and Pytheas Aventure), Nouvelle-Aquitaine (3 athletes, with Raidsaventure.fr, Team Alpy and Ninglinsraid), and Grand Est, represented by Matthieu Bajard of 400 Team Altore, show that no territory is too small to fly the French colours high at a world championship. Each of these runners, sometimes the sole representative of their département or region, embodies in their own way the spirit of this adventure: an individual commitment in the service of a collective.

Corsica, the host island fully committed

Beyond the continental delegations, Corsica itself will be represented at the start line. Three wild cards have been awarded to local teams, in partnership with the Corsican Triathlon League and the University of Corsica: Tafuna Matata and I Triatleti Corsi, made up of eight athletes selected through a rigorous process led by League president Sauveur Nicolas, along with Squadra Università, fielded by sports science (STAPS) students from the University of Corsica. Their presence reflects the ambition to root this edition firmly in its home territory, with Corsica standing not merely as the backdrop to the competition but as one of its true actors, both at the start line and in its organisation.

One thing is certain: regardless of the region, the 2026 ARWC will feature local colors on the slopes of Corsica.

About ARWC 2026

- 30 nations
- 100 mixed teams of 4 racers
- 500 km to cover non-stop, self-supported and without GPS navigation
- 20,000 meters of elevation gain (more than twice the height of Everest)
- 5 days of racing for the frontrunners / 8 for the last finishers
- Start city: Corte / Finish city: L'Île-Rousse
- Disciplines: mountain biking, trekking, canyoning, sea kayaking, packrafting, rope sections
- A race on the ARWS (Adventure Racing World Series) circuit, bringing together over 80 races worldwide
- A World Championship supported by the French Triathlon Federation and the International Adventure Racing Association (IARA)

Web site ARWC 2026

Web site ARWS



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