Test card:
Packraft and kayaking knowledge and skills

Name and Team Number:

- All of the knowledge and levels of practise required are based on the 'Pagaies Couleurs' booklet issued by the French Canoe-kayak Federation.
- The levels of the rivers navigated during the ARWC 2026 - Corsica are of class I to III+ (international class) depending on the water level.
- The team must be able to navigate on the sea with wind (III or IV force) or/and one meter height waves
- All teams should include at least two team members who possess the "Green Paddle level " and two who possess the "Blue Paddle level"

The Green Paddle Level:

Knowledge:
- I can balance myself with my paddle
- I know the main dangers: trees, dams, low bridges
- I can reach the river bank having capsized by swimming facing downstream.

Skills:
- I can balance myself without help
- I can embark and disembark alone in improvised areas
- I know the effects of different currents and how tilt the kayak.
- I can go upstream in a smooth current and also cross it without going downstream
- I can use my paddle as a rudder
- I can go downstream at a regular speed.

The Blue Paddle Level

Knowledge:
- I can assess the difficulty of a route
- I can locate the different useful stopping points
- When faced with an obstacle with the kayak facing across stream I can avoid 'une cravate' (when the kayak fills up with water and is trapped against the obstacle) by tilting the kayak downstream opposite the current
- In the event of a capsize, I can reach the river bank with all my equipment and I can ride up in the kayak in deep sea.
- I can participate in recuperating the equipment of someone who has capsized.

Skills:
- I can paddle inside a turn when I enter and leave a current
- I can do an emergency stop in an obstructed zone
- I can slow down and go back to the river bank by back paddling
- I can go upstream a small section of an obstructed zone of the river by using currents
- I can go downstream first at a regular speed.
- I can keep the trajectory during a surf with one meter height wave

Environmental knowledge and skills:
- I can judge the adapted zones for embarking and disembarking with respect for the environment
- I leave no trace of my passage (papers, rubbish.....)
- I respect others who are using the river or the sea as well as riverside residents.

Surname: First name: Diploma: (BE):

Address: Tel :

I certify that those appearing in the list below have acquired the above test skills and knowledge.

	Surname	First name:	Level
CAPTAIN			
MEMBER 1			
MEMBER 2			
MEMBER 3			
REPLACEMENT			

Place Date Signature

The original of this form should be given during registration checks before the race, accompanied by a copy of the instructor diploma or certification. A copy must be leave to the organization. No copy on place